CONTENTS

Treatment Finder v

Preface ix

Acknowledgmer	its xi
	PART I Introduction
CHAPTER 1	Basic Science Behind Joint Mobilization and Manipulation 3 History and Legislation 3 Mobilization and Manipulation 4 Joint Congruency and Position 5 Joint Movements 5 Convex and Concave Rules 5 Effects of Mobilization and Manipulation 6 Evidence for Joint Mobilization 8 Summary 8
CHAPTER 2	General Application Guidelines
PART II	Mobilization and Manipulation of the Craniomandibular Complex and Spine
CHAPTER 3	Temporomandibular Joint
CHAPTER 4	Cervical Spine
CHAPTER 5	Thoracic Spine
CHAPTER 6	Lumbar Spine and Pelvis

PART III	Mobilization and	Manipulation of the Upper Extremity
CHAPTER 7	Shoulder Joint Anatomy 83 Joint Kinematics 86 Treatment Techniques	92
CHAPTER 8	Elbow Joint Anatomy 109 Joint Kinematics 113 Treatment Techniques	117
CHAPTER 9	Wrist and Hand Anatomy 125 Joint Kinematics 129 Treatment Techniques	
PART IV	Mobilization and	Manipulation of the Lower Extremity
CHAPTER 10	Hip Joint	165
CHAPTER 11	Knee Joint Anatomy 173 Joint Kinematics 177 Treatment Techniques	
CHAPTER 12	Ankle Joint Anatomy 193 Joint Kinematics 194 Treatment Techniques	
CHAPTER 13	Foot	213
Appendix: Self-Marketerences 247 Index 253 About the Author		